



# AUSTRALIAN TAEKWONDO VICTORIA

## 2017 ATV Selection Championships

Sunday 3<sup>rd</sup> September 7.00am – 10.00pm

State Netball and Hockey Centre

Brens Drive, Parkville

Sparring

Individual / Pairs / Team Poomsae

Family Poomsae

WTF Poomsae

Freestyle Individual Poomsae

ENTRIES OPEN:

Saturday 1<sup>st</sup> July

ENTRIES CLOSE:

Sunday 20<sup>th</sup> August

**NO ENTRIES AFTER THE CLOSING DATE WILL BE ACCEPTED**

NOTE: all entries to be completed online at

[www.peopleinaction.net.au](http://www.peopleinaction.net.au)

Dear Instructor,

Australian Taekwondo Victoria (ATV) is pleased to announce the official Victorian State Championships and Selection Event for 2017, to be held at the State Netball and Hockey Centre, Parkville, on Sunday, September 3<sup>rd</sup>.

I would also like to take this opportunity to thank Taekwondo Victoria Inc (TVI) for their support in hosting this very important event on behalf of ATV, and generously providing all of their equipment and labour at no cost to our Association.

This event is aimed at athletes from all taekwondo disciplines and is the ONLY State event sanctioned by Australian Taekwondo (AT) and as such the only event at which athletes can qualify to compete at the coming AT National Championships in Bendigo.

**Only this event can be used to qualify Victorian athletes for the 2017 National Championships in October.**

This competition has four primary goals:

1. To provide athletes with a clear pathway to the WTF (World Taekwondo Federation)
2. To provide competition practice for all Victorian athletes
3. To promote friendship and co-operation within the Victorian Taekwondo community
4. To provide a fun, family orientated event catering to athletes of all levels

We encourage good sportsmanship and promote a bullying free environment.

Coaches, parents, athletes and spectators must comply with the code of conduct or face expulsion and / or disqualification of themselves and all athletes from the associated club.

For the Poomsae section of the competition, no coaches will be allowed on the court except at the discretion of the head marshal.

All athletes are welcome regardless of affiliations and provided they have proof of insurance.

Entry is only available online at [www.peopleinaction.net.au](http://www.peopleinaction.net.au)

**Competition entries open on-line on Saturday 1<sup>st</sup> July and close on Sunday 20<sup>th</sup> August.**

**As the online system is automated, no entries can be processed after this date.**

Our continued thanks go to all of the clubs who enter their enthusiastic athletes. We also greatly appreciate the ongoing support of the judges who officiate at these competitions and our wonderful volunteers who give up their time to ensure the smooth running of these events. Without the contributions of any of these groups, our competitions would not be a success.

If you are able to assist with the running of this competition, please contact the following co-ordinators:

Sparring referees and judges:	Sam Tarascio	<a href="mailto:sam.tarascio@bigpond.com">sam.tarascio@bigpond.com</a>
Poomsae judges:	Grant Mason	<a href="mailto:drgrant@ozemail.com.au">drgrant@ozemail.com.au</a>
Volunteers:	Suzy Wilson	<a href="mailto:suzy@microz.com.au">suzy@microz.com.au</a>
Tournament Director:	Tony Susac	<a href="mailto:tsus1@hotmail.com">tsus1@hotmail.com</a>

Yours sincerely,

Mark Albert  
Chairman, ATV – Australian Taekwondo Victoria

# 2017 ATV Selection Championships

## **General Information**

All ages are as at 31st December 2017:

CHILD	YOUTH	CADET	JUNIOR	SENIOR	MASTER 1	MASTER 2
6-8	9-11	12-14	15-17	18-30	31-45	46+
Born 2009 to 2011	Born 2006 to 2008	Born 2003 to 2005	Born 2000 to 2002	Born 1987 to 1999	Born 1972 to 1986	Born 1971 or prior

**Eligible Competitors:** To be eligible to contest the 2017 ATV Selection Championships, athletes must have at all times acted in a proper manner and not have engaged in any conduct that would bring the Association, our sport or any of our staff into disrepute or censure.

**Registration:** All competitors **MUST** bring their completed competition entry form (signed by parent/guardian if under 18 years of age on the day of competition). Please print this when you complete the on line entry.

**Competition Schedule:** **Final schedule will be available prior to the event**

**Indemnity:** All participants take part at their own risk. The organiser can under no circumstances be held responsible for any damage, injury, or loss to individuals or equipment.

**Uniform Requirements:**

- White V neck or Y neck dobok for coloured belts (including Cho Dan Bo).
- Black V neck or Y neck dobok for Black Belts.
- No stripes or prominent brand logos (applies to Poomsae only)
- No jewelry is to be worn. Allowance is made for wedding bands which cannot be removed.

**Spectator Prices:** Adults / Children: \$10, Family (2 adults + 3 children): \$20, Under 6: Free

**Food:** Canteen at venue

**Competition Entry Fees:** \$77 – 1<sup>st</sup> event  
\$25 – additional event

**Awards:** All divisions will recognise the top 4 players / teams with Gold, Silver and two Bronze medals / trophies.

**Eligibility for Nationals:** **ALL** top 4 medallists in all red and blue belt divisions will qualify for the Victorian team for the 2017 National Championships in the divisions in which they medalled.  
All black belt athletes who compete at the Selection Championships will also qualify for the Victorian team in any division. No qualification is required for self-defence or board breaking divisions at the National Championships.

# 2017 ATV Selection Championships

## Sparring:

**Gender:** Male, Female

**Age Divisions:** 6-8, 9-11, 12 – 14, 15 – 17, 15+, 31+. Juniors may enter in both the Junior (15 – 17) and Senior (15+) divisions. No Novice entries will be accepted at the State Selection Events.

**Weight Divisions:** **Players may only compete in 1 weight division per age category.**

**Belt Divisions:** Blue, Red, Black

Child (6-8), Youth (9-11)

	B	C	D	E	F	G	H	I	J	K	L	M
Male	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+
Female	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+

Cadet (12 – 14)

	Straw	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Cruiser	Heavy
Male	<33kg	33-37kg	37-41kg	41-45kg	45-49kg	49-53kg	53-57kg	57-61kg	61-65kg	65+kg
Female	<29kg	29-33kg	33-37kg	37-41kg	41-44kg	44-47kg	47-51kg	51-55kg	55-59kg	59+kg

Junior (15 – 17)

	Fin	Fly	Bantam	Feather	Light	Welter	Light Middle	Middle	Light Heavy	Heavy
Male	<45kg	45-48kg	48-51kg	51-55kg	55-59kg	59-63kg	63-68kg	68-73kg	73-78kg	78+kg
Female	<42kg	42-44kg	44-46kg	46-49kg	49-52kg	52-55kg	55-59kg	59-63kg	63-68kg	68+kg

Senior (15+), Ultra (31+)

	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Heavy
Male	<54kg	54-58kg	58-63kg	63-68kg	68-74kg	74-80kg	80-87kg	87+kg
Female	<46kg	46-49kg	49-53kg	53-57kg	57-62kg	62-67kg	67-73kg	73+kg

**Round Times:** Coloured belt matches will consist of 2 rounds whilst Black belt matches will consist of 3 rounds. All divisions will have 1.5 minute rounds.

**Head Kicks:** Head kicks are only permitted for Senior Blue, Senior Red, Ultra Black, Senior Black, Junior Black and Cadet Black belt divisions.

**Format:** Single Elimination  
Uncontested athletes will be offered a demonstration fight against a suitable opponent.

**Weigh In:** Times and venues to be advised. Head Instructors will be notified by email and information will be posted at [www.tkdvic.com.au](http://www.tkdvic.com.au).

**Safety Equipment:** All competitors must supply their own WTF approved standard trunk protectors. All divisions are required to wear groin (males only), shin, arm and head and mouth guards. Head guards must be white or the same colour as the hogu. Mouth guards must be white or clear.

**The Dae-do Electronic Points Scoring System will be used for BLACK BELT Cadet, Junior, Senior and Ultra only. Competitors in these divisions must supply their own electronic foot socks.**

# 2017 ATV Selection Championships

## Sparring Competitors and Coaches

### PLEASE NOTE:

- 1) Competitors must bring with them registration form signed by their Head Instructor to weigh in or be disqualified
- 2) Coaches, athletes and parents will be expected to adhere to the Coaches Code Of Conduct.
- 3) All coaches will need to **sign the code of conduct** (see attached) on the day of competition or they **will not receive their coach's pass**.
- 4) Coaches passes will be distributed at the coaches' meeting at 7:30am. Anyone who is not present **will not receive a pass** and thus will not be coaching.
- 5) Only **qualified coaches registered online** coaching passes will be accepted. They must be visible for all bouts.

# 2017 ATV Selection Championships

## Individual Poomsae:

**Gender:** Female, Male

**Belt Ranks:** Blue, Red, Black

**Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 45, 46+

### Patterns:

Belt Level	1 <sup>st</sup> Pattern	2 <sup>nd</sup> Pattern	Format
Blue	Taeguk 3	Taeguk 4	
Red (inc Cho Dan Bo)	Taeguk 6	Taeguk 7	
1 <sup>st</sup> Dan	Taeguk 8	Koryo	
2 <sup>nd</sup> Dan	Koryo	Keumgang	
3 <sup>rd</sup> Dan	Keumgang	Taebaek	
4 <sup>th</sup> Dan	Taebaek	Pyongwon	
5 <sup>th</sup> Dan	Pyongwon	Sipjin	
6 <sup>th</sup> Dan	Sipjin	Jitae	
7 <sup>th</sup> Dan	Jitae	Chonkwon	
8 <sup>th</sup> / 9 <sup>th</sup> Dan	Chonkwon	Hansu	

## Pairs Poomsae:

**Gender:** Any gender combination is permitted

**Belt Ranks:** Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.

**Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 45, 46+  
Both members of the pair **MUST** be in the same age division

### Patterns:

Belt Level	Choose 1 Pattern from
Blue	Taeguk 3, 4 or 5
Red	Taeguk 6, 7 or 8
Black	Taeguk 8 or WTF Black Belt pattern

Each pair performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Pair combination

# 2017 ATV Selection Championships

## Teams Poomsae:

- Gender:** Any gender combination is permitted
- Belt Ranks:** Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.
- Age Division:** 6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 45, 46+  
All members of the pair **MUST** be in the same age division

### Patterns:

Belt Level	Choose 1 Pattern from
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or WTF Black Belt pattern

Each team performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Team combination

## Family Poomsae:

- Divisions:** Players may only be a member of 1 family team.
- Gender:** Any gender combination is permitted
- Belt Ranks:** Blue, Red, Black. Teams will compete in the belt division of the HIGHEST ranked team member.
- Age Divisions:** Open

### Patterns:

Belt Level	Choose 1 Pattern from
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or WTF Black Belt pattern

Each team performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

# 2017 ATV Selection Championships

## WTF Poomsae:

For each discipline (Individual, Pairs and Teams), players may only enter either WTF format **OR** non-WTF format but **NOT** both.

## Individual Poomsae – WTF format

**Gender:** Female Male  
**Belt:** Black  
**Age Divisions:** WTF age divisions  
**Format:** WTF cut off system  
**Patterns:** Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition and published on the TVI website, <http://www.tkdvic.com>.

## Pairs Poomsae – WTF format

**Gender:** Mixed (1 Female and 1 Male per pair)  
**Belt:** Black  
**Age Divisions:** WTF age divisions  
**Format:** WTF cut off system  
**Patterns:** Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition and published on the TVI website, <http://www.tkdvic.com>.

## Teams Poomsae – WTF format

**Gender:** Female Male (3 per team, same gender)  
**Belt:** Black  
**Age Divisions:** WTF age divisions  
**Format:** WTF cut off system  
**Patterns:** Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition and published on the TVI website, <http://www.tkdvic.com>.



# 2017 ATV Selection Championships

## Freestyle Poomsae: Individual

<b>Gender:</b>	Female, Male
<b>Belt Ranks:</b>	Blue, Red, Black.
<b>Age Division:</b>	6 – 11, 12 – 14, 15 – 17, 18 – 30, 31+
<b>Time:</b>	60-70 seconds
<b>Music:</b>	Music only, no words or lyrics, to be emailed in MP3 format to <a href="mailto:drgrant@ozemail.com.au">drgrant@ozemail.com.au</a> by Saturday 26 <sup>th</sup> August.
<b>Scoring:</b>	WTF scoring with amendments as below.
<b>Compulsory techniques:</b>	Dwit Kubi, Hakdari Seogi, Beom Seogi
<b>Compulsory elements:</b>	As per WTF Rules. Must be performed in order.
<b>Flying Side Kick:</b>	As per WTF Rules. Chest Height is the base line.
<b>Jumping Front Kicks:</b>	1 kick is the base line.
<b>Turning Kick:</b>	180 degrees is the base line.
<b>Consecutive Kicks:</b>	As per WTF Rules. Must be preceded by 3-5 bounces.
<b>Acrobatic Elements:</b>	Does not need to include a kick and may be performed on the ground
<b>Performance Plan:</b>	Performance plan to be emailed to <a href="mailto:drgrant@ozemail.com.au">drgrant@ozemail.com.au</a> or brought on the day of competition (3 copies). This will assist the judges in scoring the Freestyle Poomsae.

## Freestyle Poomsae Performance Plan

**2017 ATV Selection Championships, Melbourne**  
(September 2017)

<b>Name of Athlete</b>	
<b>Title of Free style Poomsae</b>	
<b>Number of team members</b>	Male ( ) Female ( )
<b>Name of Music</b>	
<b>Division</b>	Individual <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Pair <input type="checkbox"/> Mixed Team <input type="checkbox"/>
<b>Contact Person (name and email)</b>	

<b>Subject:</b>	<i>(Please briefly explain the theme of performance)</i>
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	Performance Plan
<p>Performance 1. Height of Jump (Side kick)</p> <p>Performance 2. Number of kicks in a jump (Front kick)</p> <p>Performance 3. Gradient of spins in a spin kick (Spinning hook kick or turning kick)</p> <p>Performance 4. Performance level of consecutive kicks (Kyorugi style kick)</p> <p>Performance 5. Acrobatic actions</p>	<p style="text-align: center;"><i>(Please describe your performance plan keeping the order of the requirements 1-5 indicated in the left column)</i></p>
<p>Key point of your performance</p>	

# **2017 ATV Selection Championships**

**To complete entry process please proceed to**

**[www.peopleinaction.net.au](http://www.peopleinaction.net.au)**

## **Checklist**

- Enter online at [www.peopleinaction.net.au](http://www.peopleinaction.net.au)
- Print your declaration form
- Sign declaration form, or
- Have declaration form signed by Parent / Guardian if under 18
- Have declaration form signed by Head Instructor



# ATV – Australian Taekwondo Victoria

## Code of Conduct

1.	Respect the rights, dignity and worth of every human being	<ul style="list-style-type: none"><li>• Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion</li></ul>
2.	Ensure the athlete's time spent with you is a positive experience	<ul style="list-style-type: none"><li>• All athletes are deserving of equal attention and opportunities</li></ul>
3.	Treat each athlete as an individual	<ul style="list-style-type: none"><li>• Respect the talent, developmental stage and goals of each individual athlete</li><li>• Help each athlete reach their full potential</li></ul>
4.	Be fair, considerate and honest with athletes	<ul style="list-style-type: none"><li>• Display high standards in your language, manner, punctuality, preparation and presentation</li><li>• Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators</li><li>• Encourage your athletes to demonstrate the same qualities</li></ul>
5.	Be professional and accept responsibility for your actions	
6.	Make a commitment to providing a quality service to your athletes	<ul style="list-style-type: none"><li>• Maintain or improve your current NCAS accreditation</li><li>• Seek continual improvement through performance appraisal and ongoing coach education</li><li>• Provide a training program which is planned and sequential</li><li>• Maintain appropriate records</li></ul>
7.	Operate within the rules and spirit of your sport	<ul style="list-style-type: none"><li>• The guidelines of national and international bodies governing your sport should be followed. Please contact Australian Taekwondo for a copy of its rule book, constitution, by-laws, relevant policies, e.g. anti-doping policy, selection procedures, etc.</li><li>• Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA)</li></ul>
8.	Any physical contact with athletes should be:	<ul style="list-style-type: none"><li>• appropriate to the situation</li><li>• necessary for the athlete's skill development</li></ul>
9.	Refrain from any form of personal abuse towards your athletes	<ul style="list-style-type: none"><li>• This includes verbal, physical and emotional abuse</li><li>• Be alert to any forms of abuse directed toward your athletes</li><li>• from other sources while they are in your care</li></ul>
10.	Refrain from any form of harassment towards your athletes	<ul style="list-style-type: none"><li>• This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability</li><li>• You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal</li></ul>
11.	Provide a safe environment for training and competition	<ul style="list-style-type: none"><li>• Ensure equipment and facilities meet safety standards</li><li>• Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes</li></ul>
12.	Show concern and caution toward sick and injured athletes	<ul style="list-style-type: none"><li>• Provide a modified training program where appropriate</li><li>• Allow further participation in training and competition only when appropriate</li><li>• Encourage athletes to seek medical advice when required</li><li>• Maintain the same interest and support toward sick and injured athletes</li></ul>
13.	Be a positive role model for your sport and athletes	

Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

### *I agree to the following terms:*

1. I agree to abide by the ATV – Australian Taekwondo Victoria Code of Conduct outlined above;
2. I acknowledge that ATV – Australian Taekwondo Victoria may take disciplinary action against me if I breach the code of conduct. (I understand that ATV – Australian Taekwondo Victoria are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me);
3. I acknowledge that disciplinary action against me may include the disqualification of my player/s.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
(if under 18, parent/guardian signature)

\_\_\_\_\_  
Date