

**PROFESSIONAL BOXING AND COMBAT SPORTS BOARD OF VICTORIA**  
**TRAINERS ACCREDITATION EXAMINATION**

**NAME OF TRAINER:** \_\_\_\_\_

**1. Whose responsibility is it to ensure that a boxer is registered?**

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**2. What are the two (2) main items a boxer must produce when visiting the Doctor for his pre-fight medical check?**

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\_\_\_\_\_

**3. What are the only items allowed in the medical kit of a trainer/second at ringside?**

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\_\_\_\_\_  
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**4. What are the six (6) provisions that apply to the bandages worn by each boxer?**

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5. A) How many seconds are allowed in a boxer's corner during a bout?

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B) How many seconds are allowed in the ring between rounds?

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6. What are the duties of a trainer and boxer at a weigh-in?

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7. What does the term knock-out mean?

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8. Name seven (7) characteristics of Punch Drunk Syndrome

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9. Is the Punch Drunk Syndrome permanent?

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**10. Why should industry participants meet the medical practitioner before a contest?**

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**11. Name four (4) of the basic attributes of an athlete?**

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**12. What is flexibility?**

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**13. What are four (4) basic fundamentals a trainer should teach a new boxer?**

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**14. Should a person be prevented from engaging in sparring?**

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**15. Name eight (8) fouls in boxing?**

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**16. What should be kept in a boxer's corner during a contest for use by a trainer and second when attending to a boxer at the break between rounds?**

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**17. Can a boxer use a protective covering to protect eyebrows prior to the start of a contest?**

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**18. What is the best method of controlling a cut during a boxing match?**

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**19. Why is it ill-advised to use diuretics or water-losing tablets?**

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**20. Why are smelling salts (Salts of Ammonia) dangerous?**

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